



Kathy Steinmann

August 1, 1957 - December 8, 2020

Kathy Steinmann, age 63 of Centralia passed away peacefully on Tuesday, December 8, 2020 at SSM Health St. Mary's Hospital in Centralia.

She was born on August 1, 1957 the daughter of John and Lela (Shuler) Helpingstine. On October 27, 1995 she married Michael F Steinmann, and he survives in Centralia.

Kathy is survived by a daughter, Rachel Barksdale and Matt Morton of Kell; two brothers, Bill Helpingstine and wife Patty of Centralia and Garry Helpingstine and wife Terrie of Buffalo, Wyoming.

In addition to her parents, Kathy was preceded in death by her brother, Rob Helpingstine.

Kathy loved the beach, especially her annual mother / daughter trip to Orange Beach. As a true walking miracle, she had a vibrant personality that captivated the hearts of everyone blessed to know her. She is proof that we should never give up hope.

Per Kathy's wishes cremation rites will be accorded, with her ashes being scattered at a place she loved. A Celebration of Life Service will be held at a later date. Memorial donations may be made to Centralia American Legion 446, Allmon Cemetery, and First United Methodist Church in Centralia and will be accepted at the Sutherland-Garnier Funeral Home and Cremation Services at 235 North Sycamore Street Centralia, Illinois 62801, (618)532-3523, who is honored to be of service to the Steinmann Family. Online condolences may be made to the family by visiting www.sutherlandfuneralhome.com and the

Sutherland-Garnier Funeral Home Facebook Page.

Tribute Wall

KS

“ Mike,

Our sincerest condolences to you. You are in our thoughts and prayers.

Ken and Connie Smudrick

Kennith R Smudrick - December 13, 2020 at 02:22 PM

TL

“ *I loved working with Kathy! She was one of the cleverest, funniest people I ever met, and I always looked forward to calls with her. My deepest sympathy to her family. :(*

Terri Loeffler - December 12, 2020 at 04:59 PM

MB

“ *Was a pleasure to work at St Mary's with Kathy and she always had a smile and was a fighter to the end* □ *Monie Brown*



monica brown - December 12, 2020 at 12:28 PM

LO

“ *Kathy was a role model for everyone fighting cancers. She always had a smile and never let it get her down. Full of love and laughter is how I will remember her. (And her cookies). Rachel and family will be in my thoughts and prayers.*

Lou - December 12, 2020 at 11:40 AM

MH

“ Rachel. I send my sympathy to you and your family of the death of your mother. From trip to NYC , she was always smiling and seemed to enjoy the trip. She was a beautiful lady and your smiles were a reflection of her. Many prayers for you and feel hugs to you. Marilyn Heuerman.



Marilynn Heuerman - December 11, 2020 at 02:46 PM

MZ

“ I met Kathy 24 years ago when I first started at St Mary's. Didn't know then how special of a friend and colleague she would become! What a warrior with a huge heart! She will definitely be missed. My sympathy to Mike, Rachel and Kathy's Family. Marilyn Zobrist

marilyn zobrist - December 11, 2020 at 02:44 PM

 Benita
Langenfeld

“ Mike, and family, you are in our prayers. Dean and Benita.

Benita Langenfeld - December 11, 2020 at 01:39 PM

TW

“ Kath,
Thanks for the laughs, tears, and knowledge you have shared with me in the 18 years I've known you. Rachel and Mike, my heart is with y'all.

Traci Wood - December 11, 2020 at 08:51 AM



“ *Large Heart - 'Death leaves a heartache' was purchased for the family of Kathy Steinmann.*



December 11, 2020 at 08:45 AM



“ *Kathy always had that smile. Rachel, I'm so sorry to hear of your Mother's passing! She was such a warrior! Your smile is your Mother's smile! God certainly has a Saint sitting by his side! Through strength in Christ ... our Hugs, and Prayers are with you all! Thinking of you, Mike, and Rachel.*

Roger, and Janet Sullens - December 11, 2020 at 05:22 AM



“ *In memory of Kathy. A ribbon sister. Hugs. Sorry for the families loss. Keeping you all in thoughts & prayers. Sincerely, Donna (Roper-Queen)Wooters*



Donna Wooters - December 10, 2020 at 08:42 PM



“ *Kathy was always so kind and had such a great sense of humor! She always had a smile on her face when I saw her. God bless the family at this time of loss. Tamara Purcell*

Tamara Purcell - December 10, 2020 at 09:14 AM

LM

“ I had the privilege to know and work with Kathy at SSM Health SMH. She always had a smile on her face even on her worst day. She was a fighter. I know she will be missed. RIP my friend.

Linda Mulvaney - December 09, 2020 at 09:01 PM

SS

“ Rachel, my sister from other parents I am so sorry. You are a very strong person just like your Momma. Love you kid. Call if you need anything.

Sara S - December 09, 2020 at 08:42 PM

DW

“ Mike- Thinking of you during this difficult time. Kathy was amazing! She fought her Cancer for so many years with such an amazing attitude! Never really saw her down. She was always positive. She will be missed.

Debbie and Tony Weiss - December 09, 2020 at 07:52 PM

SM

“ My sincere condolences to her family. I got to know Kathy when we worked together at St Mary's Hospital. She was so strong and caring. Heaven gained a beautiful Angel💕

Sue Roper Mashburn - December 09, 2020 at 07:43 PM

TJ

“ Kathy you will always be my hero and I will aspire to be like you. Rachel you are in our hearts and prayers. Love to all of you. Terry and Mystee

Terry and Mystee Johnston - December 09, 2020 at 07:42 PM

DW

“ Heartfelt hugs from Donnie and Mary Walker for Mike, Rachel, and the family. Kathy was so positive, positive, positive all the time. Always and forever a smile. We love ya.

Donnie and Mary Walker - December 09, 2020 at 06:48 PM

NA

“ Mike...so sorry for your loss. Noland Atchison

Noland Atchison - December 09, 2020 at 06:45 PM

RW

“ Mike So sorry for your loss. Kathy was a special person. I think we had met back or before BBRJ. she would always give me a friendly hug... I'll miss that! Condolences to you and all the family!

Rick Wethington - December 09, 2020 at 06:40 PM

MH

“ I loved when Kathy would come into the library, she always called me her favorite librarian and I said she was my favorite patron. I loved talking about books with her. I will miss her greatly.

Mary Hanks - December 09, 2020 at 06:17 PM